

# YERCOMBE NEWS

THE YERCOMBE (GLOUCESTERSHIRE) TRUST NEWSLETTER MAY 2022

#### **Introducing our New Manager**

Cee Kay joined us as Manager at Yercombe Lodge at the end of January 2022 taking over from Tereza who had done a sterling job since 2016. With over 25 years range of Health working in a and Social Care mainly charitable organisations working for organisations Cee says that she feels extremely humbled and privileged to join the Trust and continue the good work that has been established over many years. Cee has most recently been working in New Zealand as Regional Manager for the Stroke Foundation but previously worked for number of local charities а in Gloucestershire. In her spare time Cee enjoys gardening, rambling and watching her football team (Liverpool) win!



Life at Yercombe never stands still and it would be remiss of us not to say a HUGE









thank you to our amazing staff team who (especially during the worst of the pandemic) went the extra mile to ensure that residents were kept well cared for and as safe as possible. Things never stay the same though and you will see a number of changes in the team when you next visit as we say hello to a few new faces some brand new and some returning to work for us the second time around!!

Jackie Wright returns to us as Senior Carer having previously worked for us for more than twenty years. Kurtis Hudson works for us as a Waking Night Care Assistant having previous experience as a chef in another local Care Home. Daniel Foltyn joins us as Care Assistant (Bank) having previously qualified as physiotherapist in Poland and Emmy Stevens joins us in the kitchen as Supper Cook three afternoons a week

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#### Day Centre

Over the last few months we have been keeping ourselves busy enjoying Yoga and exercises and are feeling the benefits from these. We have a wide range of activities available for people and are always looking to include new ideas and suggestions. We have been happy to welcome everyone back to the Day Centre after the closures brought about by COVID although we understand that some people may feel reluctant to resume former activities especially when mixing with others. We continue with a regime of testing for staff and will encourage people to stay away if not feeling well. The Day Centre is currently open 3 days a week—Tuesdays, Wednesdays and Thursdays but we hope to be able to extend back to four or five days later in the year. On Tuesday we mainly support people who have a learning disability, Wednesday is reserved for people with a diagnosis of Dementia and we open our doors and welcome everyone on a Thursday. Since re-opening we have discovered lots of artistic talent!



#### Life at Yercombe

A resident of over 5 years, Bob spoke with Eliza (one of our volunteers) about his life

at Yercombe Lodge. One of Bob's favourite things about Yercombe is the community within it, and how everybody knows each other. The "good company" makes living at Yercombe "the next best thing to home!" Bob recalls not being able to eat for laughter, with one of his good friends at lunchtime. As well as the people, the actual location of Yercombe has features such as the gorgeous view, and for Bob, one of the best things are the primroses that can be seen behind the building, along with the wild orchids. Bob also helpfully reminded me that Yercombe is also very high up so won't be drowned in a flood! Some other features of Yercombe which Bob feels makes it so homely are the decorations that are put up around the communal rooms, and the accommodating (and delicious) meals



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#### Day Trips!

Recently, we have had many lovely outings to various places in the local area. We have been to Westonbirt Arboretum, where we enjoyed a peaceful walk around the nature-rich grounds, seeing all the different species of trees and other beautiful natural sights, as you can see in the photos on the right. Our residents very much enjoyed this trip!



We have also been on 'The Willow Trust Boat



Trip' at Saul Junction, which was a day organised by the Willow Trust charity to bring inspiration, help build confidence and prove the joys and benefits of boating are available to everyone. The boat cruised down on the beautiful Gloucester-Sharpness Canal, giving our residents here at Yercombe the chance to get some 'canal air!' On the right, you can see some of our residents at Dobbies Garden Centre on a day out, enjoying the

wide range of flowers and plants, as well as the shops!

Coming up on June 7th, we have a visit to Slimbridge Wetland Centre, where we will spend the day discovering the wonder of wetlands and getting closer to nature! <u>Music!</u>

We have been lucky enough at Yercombe to get wonderful music entertainment from Alan Tocknell, and he provided us with many wonderful songs and tunes to



get us up and dancing! It's so nice to see our communal areas become a dance floor! Beneath, you can see some pictures of this happy scene!



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# Winston the Pat Dog

A key member of our Yercombe community is Winston the Pat Dog, who comes in once a week to see us! On the right you can see our staff with Winston. Winston is from a charity called 'Pets As Therapy' which is a national charity that enhances the health and wellbeing of thousands of people in communities across the UK, by ensuring everyone has access to the companionship of an animal!

Everyone loves to see Winston (and his owner John) - residents, staff and people joining us for day services and we all look forward to his visits. On right-Rosemary with Winston

> **Tinkling the Ivories!** We were extremely grateful to have had a marvellous piano donated to us recently. The piano

belonged to Leanne Kane who was an opera singer, piano player and singing teacher who moved to Thornbury in the late 1980s. We have installed the piano in our Day Centre where it will be enjoyed by staff and people

Matt Kane, Leanne's son and his father with the piano installed in our Day Centre. Thank you to everyone involved who made this possible.



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